

Wegovy

Inclusions:

Age

Must be between 18 and 74 years.

- Consent: Must have provided informed consent to access the service.

BMI Requirement:

- BMI of 30 kg/m² or higher (obesity), OR
- BMI of 27–30 kg/m² (overweight) with at least one related health condition, such as:
 - High blood pressure,
 - High cholesterol levels,
 - Obstructive sleep apnea,
 - Cardiovascular disease,
 - Pre-diabetes or controlled type 2 diabetes.
- Has attempted weight loss through diet, behavior changes, and physical activity but did not achieve significant results.

Exclusions

Age

- Under 18 or 75 and older.

- Pregnancy: Known or suspected.
- Currently breastfeeding.

BMI:

- Initial BMI under 27 kg/m² or a BMI under 30 kg/m² without associated health conditions.

Allergies:

- Allergy to active ingredients or excipients in Wegovy®.
- History of anaphylaxis to Wegovy® injections.

Medical History:

- Diagnosed eating disorders.
- Currently taking other weight loss medications (e.g., GLP-1 receptor agonists or anti-obesity drugs).
- Type 1 or controlled type 2 diabetes.
- Severe digestive issues, including gastroparesis.
- Serious kidney disease or end-stage renal disease.
- Significant liver impairment.
- Severe heart disease.
- Hormonal or endocrine issues related to weight gain.
- Pancreatitis.
- Medication Conflicts: Taking medication that conflict with Wegovy® use.